

Overcoming Depression

Holiday Depression Focus of TV-44 Special

Depression is a complex issue, which affects more than 15 million American adults each year. For example, highlighted on the upcoming special *Overcoming Holiday Depression* will be a feature about Allen County resident Sandie Lytle, who battled depression for most of her life. For decades, Sandie's holidays were also haunted by destructive childhood memories, until she found a way to freedom. Sandie's amazing story offers hope for those struggling with clinical depression, or just a mild case of the holiday blues.

enced the tragic death of her 27-year-old-son Kevin more than a decade ago. Sharon says that holidays are a "reminder of all the times you used to get together with loved ones."



Sandie Lytle, Ron Lytle and Cody Howard

Like Sharon Little, *Lima YWCA's Widows/Widowers* group members have also experienced the emotional pain of losing someone they love. This non-religious group was the first of its kind in our community. 100-year-old Elisabeth Sondheimer is a well-known Jewish Holocaust survivor, who will explain why she started this group 24 years ago during the holiday season. The widows will also share some of the answers they have found on their pathway to healing.

TV-44 will provide other answers through the advice of local experts like Linda McNett, who is the *Senior Program Director* at the Putnam County YMCA.

Linda will share what she has learned about helping depressed people through her years as a fitness expert.

These are just highlights of the exciting stories and informative interviews that you will see. The special will be hosted by Christina Ryan Claypool, who is producing the program. TV-44's Creative Specialist Wayne Getz is acting as the chief videographer, editor, and director of the program, and Trent Cox also provides video footage.

So, if you or someone you love is struggling with holiday depression, remember Jesus is the reason for the season, and the reason for the hope that we can experience each day. Remember, too, to tune into *Overcoming Holiday Depression* on TV-44.

Overcoming Depression

Produced by Christina Ryan Claypool

Saturday, December 8, 9:30 pm

Sunday, December 9, 11:30 am

Sunday, December 9, 7:30 pm

Monday, December 10, 8:00 pm

Tuesday, December 11, 10:30 pm

Wednesday, December 12, 1:30 pm

Christmas Eve 7:00 pm

Christmas Day, 11 am, 10:00 pm

"people become sad during the holidays for specific reasons."

Admittedly, for some depressed people symptoms worsen at Christmastime, but according to John Jung, Director of *New Creation Counseling Center*, "holiday blues is a seasonal phenomenon and is not depression as we know it clinically." Jung will be a panelist on the TV-44 Special. He believes that often "people become sad during the holidays for specific reasons."

For example, Sharon Little of Lima, Ohio, who will also be a panelist on the show, experi-

TAKE ONE

wtlw 44

Local Christian TV

Witnessing The Living Word to West Central Ohio

December 2007

2008 Pledge Campaign!



Kevin Bowers
Gen. Manager

Last month, I asked you to pledge your support toward WTLW's operating budget for the coming year. Unfortunately, we did not include a pledge card! Please find a card inserted into this mailing. We encourage you to consider joining one of two giving clubs, the *44 Club* at \$44 per month or the *100 Club* at \$100 per month. Of course, we are grateful for whatever the Lord leads you to give.

WTLW is unique in that we are a non-profit ministry operating with a commercial license. This

means we can air advertising to help defray costs. Commercials help pay for TV-44's family programming and local sports coverage. Contributions underwrite the operational expenses of the ministry such as electricity, salaries, taxes, equipment, etc. WTLW could not exist without the generous donations of our viewers.

As we embark on our second 25 years of service to West Central Ohio, we face the challenge of converting to digital broadcasting. The new technology presents great opportunities to spread the Gospel. Your faithful financial support is vital for us to take advantage of those opportunities. Thank you for standing with us! You can also pledge on line by going to our website at www.wtlw.com.



Enjoy Christmas music performed by 23 area high school choirs.



Christmas Eve 4- 7 pm, 10-1 am

Christmas Day 7- 10 am, Noon-3 pm

wtlw 44
Your Local Family Station



WTLW Builds Cyclorama in Studio

WTLW's production studio is one of the largest in Ohio which allows us to build sets



that are deep and wide. One end of the 50 x 80 ft. studio is being renovated to create a

cyclorama. The 9 ft. x 60 ft. wall will be painted white to reflect colored light, an attractive background for the several new sets that will be built over the

next year. Carpenter Tony Tracy has headed up the project which has included the destruction of platforms and walls of a 12 year-old set. Once space was cleared, a curved wall was erected to transition the two walls that are connected at a 90 degree angle. The goal is to create a stage-like area that can be used for taping music shows like *Live Wire* and talk shows that can be produced on moveable sets.

OCC Shoebox Collection Exceeds 5,000

Local volunteers got a jump start on the Christmas season as 5,048 shoe box gifts were personally packed by Lima-area children, families and individuals. WTLW is a regional collection center for the national campaign which is expected to collect some 8 mil-

lion gifts for underprivileged children in more than 100 countries. From the Lima area, the shoe box gifts will be sorted and sent using whatever means necessary—trucks, trains, airplanes, boats, even dog sleds—to reach needy children around the world.



Brady Bunch Added to Weeknight Lineup

One of the top family shows of the early 1970's will join TV-44's lineup beginning December 3rd. *Brady Bunch* will air **Monday through Friday at 7:30 pm** until August, 2008 when our

contract expires. Most of TV-44's family programming is purchased through Paramount and is supported by local advertising. There are 114 episodes of *Brady Bunch* available to air.



Lynn Mohler Joins WTLW Staff

Lynn Mohler has spent his life doing just that—Serving. For 26 years he was Superintendent of Temple Christian School, then he spent four years building the development department at the Lima YMCA. Recently he became WTLW's Vice President of Development. The common denominator in all of these positions is his willingness to serve the Lord and others.

And he is not a stranger to Lima—he has lived in Allen County his entire life. He and his wife, Nancy, have been married 41 years and attend Lima Community Church. They have three children and three grandchildren. A graduate of Ohio Northern University and Wright State University, Lynn will be overseeing planned giving at TV-44.

“God has called me to impress upon our supporters the need to prepare for the future in terms of the station's financial needs,” Lynn says. “The term “planned giving” refers to charitable gifts that require some planning before they are made. Planned gifts are popular because they can

provide valuable tax benefits and/or income for life. This includes Bequests, Gift Annuity, Pooled Income Fund, Charitable Remainder Trust, Charitable Lead Trust Life Insurance, and Real Estate.”

“My passion in life is to serve the Lord. I believe we must have a purpose in life. Without a purpose, life is empty.”—Lynn Mohler

Planned giving allows WTLW to set up an endowment fund. An endowment fund is important because it provides a vehicle for WTLW's supporters to give money or property to WTLW with the stipulation that it be invested and the principal remain intact. Only the interests from the investment is used for capital improvements or new programming. The Nehemiah Fellowship is the organization of those supporters who are investing in WTLW's financial future. They can give a direct contribution to the endowment fund or include WTLW in their estate plan.

“Our supporters will have the joy of knowing that their resources will go on winning souls through WTLW long after

they have gone to meet the Lord,” Lynn said.

As WTLW celebrates its 26th year on the air, the endowment fund is an exciting way to plan for the future.



Lynn Mohler

Vice President of Development

“I am excited to be a part of the WTLW ministries,” Lynn says. “I truly believe God has prepared and called me to WTLW. I have only one life to live; I want to invest it in something that has eternal not earthly returns.”

Joining the Nehemiah Fellowship is as simple as notifying WTLW that you have included the ministry in your estate plan. Call Lynn at 339-4444.